

STUDENT NAME _____

NAME OF RIDE _____

BIOLOGICAL DATA

Objective: *To compare pulse and breathing rates before and after a ride and to record general "feeling."*

SUGGESTED PROCEDURE: Record pulse and breathing rates while standing in line JUST BEFORE getting on the ride and IMMEDIATELY after leaving the ride. Use the spaces provided below.

Also record the time you first stood in line for this ride and the time you were seated for the ride.

DATA:

*

Use the table below to record the way you feel before and after the ride. Enter the appropriate number(s) in the spaces provided.

- | | | |
|-----------------|-------------------|---------------------------|
| 1. Dry mouth | 5. Tense muscles | 9. Cold hands/feet |
| 2. Trembling | 6. Upset stomach | 10. Stomach butterflies |
| 3. Dizziness | 7. Unable to move | 11. Enlarged eye pupils |
| 4. Sweaty hands | 8. Fast breathing | 12. Sense of sheer terror |

*

Comments _____

At what time did you first stand in line for this ride? _____

At what time were you first seated for this ride? _____